

## Gluten Free Menu

### Starters

#### Olives £3.

**Beetroot Salad (v)** ..... £5.00  
Golden & purple beetroot, pickled fennel, goat cheese.

**Prawn & Crayfish Cocktail** ..... £8.00  
Prawns, crayfish, marie rose sauce, shredded lettuce.

**Scallops** ..... £12.00  
Pan-fried scallops, mushy peas, bacon & cream.

**10 Chicken wings**..... £6.00  
**(Gluten Free if served without ranch dressing)**  
Chipotle // Lemon Pepper // BBQ // Honey Garlic // Hot

### Salads

**Seared Tuna Niçoise Salad**.....£12.00  
Seared tuna fillet, new potatoes, mixed leaves, tomato, peppers, olives, green beans, eggs.

**Superfood Salad (v)** ..... £8.00  
Quinoa, lentils, sun dried tomatoes, goat cheese, rocket, parsley, lemon dressing.

**Salmon** ..... £14.00

**Rump Steak** ..... £15.00

## Gluten Free Menu

We are happy to adapt many of our recipes to suit those who do not eat wheat, or other gluten containing cereals.

Please ensure that you clearly communicate to your waiter that you would like to adapt the dish.

### Bloc Bar

Happy Hour 50% off Cocktails Mon - Thurs  
4 - 10pm, Fri 3 - 6pm & All Day Sunday

**Japenese Baby Back Ribs** ..... £7.50  
Half rack of slow cooked baby back ribs, marinated in a japenese style sauce, spring onion garnish.

**Salmon Poke Salad** ..... £9.00  
Salmon sashimi, avocado, mirin, sesame oil, sesame seeds, fresh guacamole.  
(Served without Soy sauce)

**Crab Asparagus Salad**..... £8.50  
Josper roasted asparagus, crab meat, mooli, honey lemon mayo dressing.

### Burgers

**All served in a gluten-free bun**

**All served with Fries.**

(Chipotle Fries £0.50, Truffle Fries £1,  
Sweet Potato Wedges £1, Side Salad £1)

**Chop Bloc Burger (bacon £1)** ..... £11.00  
Double 100g patty, cheddar cheese, ketchup, mayo, mustard, lettuce, tomato, onion.

**Josper Bacon Burger**.....£14.00  
Thick, 300g patty cooked medium rare on the Josper, double cheddar cheese, bacon, ketchup, mayo, mustard, lettuce, tomato, onion.

**Blue Cheese Burger** ..... £12.00  
Double 100g patty, blue cheese, lettuce, onion marmalade, mayo, lettuce, tomato

**BBQ Burger** ..... £12.00  
Double 100g patty, cheddar cheese, lettuce & homemade BBQ sauce. (Served without a onion ring)

**Smoked Chilli Burger (Regular // Hot)**..... £12.00  
Double 100g patty, cheddar cheese, smoked chilli jam, ketchup, lettuce, tomato, onion.

**Chicken, Bacon & Avocado Burger** ..... £13.00  
Chimichurri grilled chicken breast, bacon, avocado, lettuce, tomato salsa.

**Veggie Burger (v)** ..... £11.00  
Quinoa & lentil patty, mushrooms, roasted peppers, hummus, feta.

### Milkshakes

Vanilla // Chocolate // Banana // Strawberry £4.00

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### Steaks

**Larger sizes are available upon request.**

**T – Bone** .....£6 per 100g  
(500g // 600g // 700g // 800g)

**Bone in Sirloin** .....£6 per 100g  
(500g // 600g // 700g // 800g)

**Chateaubriand** .....£10 per 100g  
(600g - 1200g)

**Prime Rib** .....£6 per 100g  
(800g // 900g // 1kg // 1.1kg // 1.2kg)

**Sirloin** ..... 300g £22 // 400g £26

**Ribeye** ..... 300g £22 // 400g £26

**Fillet** ..... 225g £22 // 300g £30

**Rump** ..... 300g £16 // 400g £19

**Picanha** ..... 300g £16 // 400g £19

#### EXTRAS

**Whole Lobster** ..... £30.00

**Half Lobster** ..... £16.00

**Fried Eggs** ..... £2.00

#### CHOOSE A SAUCE

Peppercorn // Béarnaise // Chimichurri // Blue Cheese // Weeping Tiger Chilli

Our bone-in steaks are cut to the minimum weights available to ensure proper thickness.

Our steaks are butchered in our kitchen. Larger sizes can be cut upon request.

### Speciality Steaks

#### Churrasco Marinated Steaks

Butterfly cut steaks marinated in garlic, olive oil & parsley. Available medium or well done due to the butterfly cut.

**Sirloin** ..... 300g £22.00

**Ribeye**..... 300g £22.00

**Fillet**..... 225g £25.00

**Chimichurri Ribeye**..... 500g £35.00

Large spiral cut ribeye marinated in our house chimichurri sauce.

**Blue Cheese Rump Fillet** ..... 500g £25.00

Rump fillet served with rolled blue cheese and a blue cheese sauce.

**Prime Ribeye**.....800g £50.00

Center cut ribeye, butterfly cut and cooked to your preference. Great to share or for big appetites.

### Sides

**Fries (v) // Fat Chips (v)**..... £3.00

**Chipotle Fries (v)**..... £3.50

**Truffle Parmesan Fries (v)**..... £4.00

**Mash** ..... £3.50

**Corn // Chipotle Corn (v)**..... £4.00 // £4.50

**Side Salad // Large Salad (v)**..... £3.50 // £5.00

**Asparagus (v)** ..... £5.50

### The Rest

**Whole Boneless Roasted Sea Bass** ..... £16.00

Marinated sea bass canoe served with dill.

**Herb Roasted Chicken** ..... £12.00

Roasted half chicken, marinated in herbs & chimichurri.

**Rack of British Lamb** ..... £20.00

Josper roasted rack of lamb, roasted plum tomatoes, olive tapenade

**Lemon Sole Meunière**..... £20.00

Whole lemon sole, lightly coated in corn flour, pan-fried with butter & capers.

**Japense Baby Back Ribs** ..... £15.00

Full rack of slow cooked baby back ribs, marinated in a japenese style sauce, spring onion garnish.

**Salmon & Samphire** ..... £12.00

Pan-fried salmon, samphire, yellow tomatoes, sautéed potatoes & fish sauce.

**Roasted Cod Proscuitto** ..... £16.00

Roasted cod fillet wrapped in proscuitto, roasted courgettes & peppers, parsley lemon sauce.

**Spinach (v)**..... £4.00

**Green Beans (v)** ..... £4.00

**Sweet Potato Wedges (v)**..... £4.00

**Tomato Blue Cheese Salad (v)** ..... £4.50

**Halloumi Cheese** ..... £3.00

**New Potatoes & Chorizo** ..... £4.00

**Mushrooms (v)** ..... £4.00

AN OPTIONAL 10% SERVICE CHARGE WILL BE APPLIED TO YOUR BILL, ALL OF WHICH GOES TO THE STAFF.

Please advise a member of staff if you have any particular dietary requirement. A separate allergen menu is available upon request.